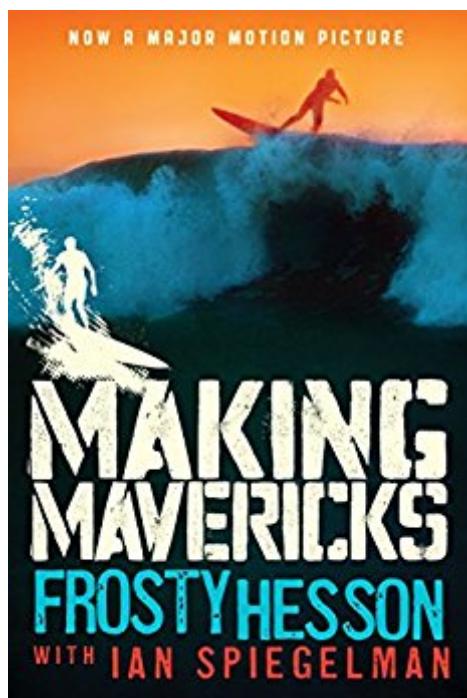


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# Making Mavericks: The Memoir Of A Surfing Legend



## Synopsis

West Coast surfing legend Frosty Hesson shares his remarkable life story, the story of his extraordinary friendship with wunderkind Jay Moriarty, and his advice on how to be the best. When Richard “Frosty” Hesson was first approached by a young Jay Moriarty in 1990, the skinny kid with a sparkle in his eye only wanted one thing from the icon: his help in becoming a better surfer. Hesson, one of the first to conquer the huge waves off northern California known as Mavericks, recognized that the kid “had a vision.” Jay quickly demonstrated a resolve that reminded Frosty of his younger self, pursuing his goal with a seriousness far beyond his years. His attitude and work ethic earned Frosty’s respect and, eventually, his friendship. Making Mavericks is the inspiring story of their father-son bond and of the challenges that made each of them who they were—surf legends, and the subject of the upcoming film Chasing Mavericks. In Making Mavericks, Frosty talks about his turbulent youth spent under difficult circumstances, with parents who tried to find a positive way to handle a child with a passion for water and a disregard for his own safety. Throughout his life he developed principles to live by, principles that would become the core tenets of his teaching philosophy. Most significantly, Frosty talks about how one of his best students, Jay Moriarty, used his philosophy to become a surfing phenomenon, and whose life inspired the phrase, “Live like Jay.” Affecting and poignant, Making Mavericks is a celebration of Hesson’s determination to live with joy and purpose, and his desire to help others do the same.

## Book Information

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## **Customer Reviews**

This is a wonderful and inspiring book that everyone from pre-teen on will enjoy. Even if you're not a fanatic surfing fan (which I am), this book will leave you better for having read it. Most of all, it's a true story written by Frosty Hesson. If you haven't seen the 2012 movie "Chasing Mavericks" please watch it and read this book as well. One of the best I've seen and read in a long time. Frosty Hesson is an amazing man and deserves every penny he's earned from this book and the movie. Viva la Frosty!

A very interesting read. I really enjoyed it.

Having never surfed nor having an interest, I still thoroughly enjoyed this book and the everyday life lessons that can be learned within the pages. I've since passed it on to my boys to read and hopefully gain as much from it as I did. I really feel that this should be required reading for students or at the very least, coaches of any sport should have their players read it. Highly recommended.

Great story of families and surfing. I think very few of us understand what Mavericks surfing is. This book gives the whole story. And how Northern California surfing is different and what makes the people that surf these waves.

I enjoyed this book on many levels. The writing style was engaging; the stories the author shared were personal and touching; the author's philosophy on life is truly inspiring. This book is a favorite of mine, and I'm grateful to have started my new year with such a motivating read. I recommend this book especially to anyone who is an athlete or working hard to conquer a challenge.

I also really liked the movie. Exciting story of a young man who intensely pursued his passion of finding the biggest surf wave and his mentor who taught him how to surf and be the best he could be. The man conquers this wave, only to die a couple of years later, at about age 22, free diving in

the Maldives. But the book leaves the reader with hope, talking about how his friends and family honored him by developing the phrase "Live Like Jay" in memory of his passion and zest for life. It reminds me of the book Broke Hungry and Happy, the story of an extreme kayaker, who was dedicated and passionate about following his dream of kayaking the world. He died at age 24 in a triathlon, but left his friends and family the same message and hope: follow your dreams, do what you love, and live life to the max. In his case, the slogan, "Do it for Dave" came to life.

Tremendous book! Great life lessons and principles to follow. A good read for any coach, mentor, mentee, high school kid or anyone needing an accountability check. The movie Chasing Mavericks is awesome too.

Gripping read. Well presented. Loved it. Especially because I am from that part of California. I didn't surf (I was into hang gliding). But I could see the parallels between these two intense sports.

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